

# ROCKY RIVER RANCH

## Class Information 2019

9am	10am	11am	5pm
Archery	Archery	Archery	Anything Goes
Baking	Baking	Anything Goes	Blanco Bliss
Crafts	Crafts	Baking	Bracelet Making
Challengers <sup>1</sup>	Challengers <sup>1</sup>	Bracelet Making	Farm Girls
Dance	Doll Making	Challengers <sup>1</sup>	Improv-a-Rama
Doll Making	Discovery Girls	Drama & Tech Theater <sup>2</sup>	Letters & Lettering
Horseback: Barn Girls	Fitness	Discovery Girls	Miniatures
Painting	Horseback: Barn Girls	Farm Girls	Pool Games
River Sports	Painting	Horseback: Adv Riding	Random Acts of Kindness
Rocky River Reporters	River Sports	Letters & Lettering	Singing
Sewing	Sewing	Miniatures	Strength & BeYOUty
Sport-A-Day	Strength & BeYOUty	Pool Games	Ukulele 101
Synchro Swimming <sup>4</sup> INT/ADV	Synchro Swimming <sup>4</sup> BEG	River Sports	Zip Line <sup>3</sup>
Ukulele 101	Tennis	Sewing	9G+
Yarn Girls	Yarn Girls	9G+	

### Things to consider when choosing classes...

<sup>1</sup>Must weigh at least 75 lbs and be going into 5th grade or older. Second week of Sessions 2 and 5, Challengers will be replaced by Climbing Wall class and Screamer class.

<sup>2</sup>Will be combined for Session 1,3,4,6. Will be two separate classes for 2, 5 and girls must be going into 5th grade or older for tech theater during these sessions. Both classes meet both weeks.

<sup>3</sup>Must weigh at least 75lbs and be going into 7th grade or older.

<sup>4</sup>Meets both weeks during 2-week sessions.

SEE FOLLOWING PAGES FOR CLASS DESCRIPTIONS

# Class Descriptions

**ANYTHING GOES** Together the class chooses from a list of activities. One day a craft, the next day a game; make ice cream, go for a hike or have a water balloon fight - anything goes!

**ARCHERY** Bow and arrows aimed at the range targets. Learn everything from the basics of archery to how to improve your skills. Practice each day for the tournament at the end of the week.

**BAKING** Girls will learn techniques and tips as they get their hands messy baking tasty treats both sweet and savory.

**UPDATED BLANCO BLISS** Formerly River Fun this class is for girls who can't get enough of the beautiful Blanco River. Find bliss in a different way each day- from snorkeling and rock-hunting to venturing up and down river.

**BACK BRACELET MAKING** Create a variety of bracelets using different materials throughout the session to keep for yourself or to pass onto friends.

**CHALLENGERS** Love a challenge? This class rotates through Climbing Wall, Rappelling, the Screamer and other growth zone experiences - each day a new challenge! (Must weigh at least 75 lbs and be going into 5th grade or older.) \*Look for a new "challenge" to be added for summer 2019- TBD

**CLIMBING WALL** Test your strength, challenge your comfort zone and ring the bell hanging at the top of our 42 foot climbing wall. This is for girls 75lbs and going into 5th grade or older and is only offered during the second week of two week sessions.

**CRAFTS** This class is for crafty girls who love hands-on projects. You'll get to unleash your creativity on several projects during the week.

**DANCE** Learn steps for different types of dance (ballet, ballroom, jazz, hip hop, etc.) and practice for an end-of-session performance.

**DISCOVERY GIRLS** You'll discover the world around you via fun experiments and hands-on activities in this science-based class!

**DOLL MAKING** Create your own unique Rocky River doll as you learn the traditional art of doll making. Includes stuffing, sewing, and soft sculpture techniques. Great for all ages!

**UPDATED DRAMA & TECH THEATRE**

Learn dramatic techniques as you rehearse for the end-of-session performance. The drama staff chooses a script and the girls try out at the beginning of the week. Open to all skill levels with lots of opportunity to learn. During session 1,3,4,6 we will have tech roles such as stage manager, set design and costume design during the class. During session 2 and 5 Tech Theatre will be a separate class for girls going into 7th grade or older.

**FARM GIRLS** Goats, mini donkeys, a herd of horses, and a few surprise guests...this year's Farm Girls class aims to have lots of fun with some adorable animals! We will learn a bit about farm animal care and agricultural sciences along the way.

**BACK FITNESS** Explore what it means to live a healthy lifestyle and spend time doing exercises. Format may vary, but can include: kick boxing, pilates, yoga, jogging, water aerobics and more!

**HORSEBACK: BARN GIRLS** Equine enthusiasts of all ages and levels welcome! Over the course of this one week class we will have lessons dedicated to learning all about life at the barn with our horses! Some days will be riding experiences and lessons, some will be working directly with the horses in "ground" lessons, and some days will be a fun mix of both. If you want some great riding tips, to experience a trail ride, and have a great time loving on some sweet horses...this class is for you! *See Horseback Overview pdf for more info.*

**HORSEBACK: ADVANCED RIDING**

*Sessions: 2,3,5*

This class runs the length of the session and is only offered during sessions 2, 3, & 5. New this year, everyone interested will be automatically wait listed and then placed into the class based on their skill level and position on the wait list. This will fully ensure that everyone in the class is of a similar skill set, and so the class will be equally enjoyable to all the riders. This class is designed for girls who are experienced riders. This group lesson will focus on advanced exercises and games. Riders should all have experience with posting trot and canter.

*See Horseback Overview pdf for more info.*

**IMPROV-A-RAMA** In this theater-skills class, girls will enjoy the basics of improv acting and games as well as getting to have fun on stage, learning accents and skits.

**NEW LETTERS & LETTERING** We

love snail mail! In this class girls will learn the art of writing letters. They will also learn how to write in different fonts, make and decorate their own envelopes. Campers will write letters to friends and family to send via snail mail or to give out to their friends here at RRR.

**MINIATURES** Learn how to create teeny-tiny objects for a tiny room you'll love to take home and display.

**PAINTING** Create your own masterpiece! Learn about painting techniques, composition and art history as you express yourself in this class. Your painting will be part of the gallery displayed on closing day.

**POOL GAMES** For the camper who loves the water! Structured games each day, diving, volleyball, and much more.

**BACK RANDOM ACTS OF KINDNESS**

Kindness is our language here at RRR. In this class girls will do a different act of kindness every day to serve the ones around them, our Rocky River community and beyond.

**UPDATED RIVER SPORTS** We've

combined four river favorites in one class; enjoy the Blanco River as you learn how to kayak, cruise on a stand-up paddleboard, balance on a floating log and try your hand at catching a fish! This class cools off in the water and takes an end-of-session river walk.

**ROCKY RIVER REPORTERS** Get behind and in front of the camera as the class shoots videos and writes articles that make up the Rocky River Round-Up newsletter. Girls will use iPads to edit their work and send out session news to parents.

**SCREAMER** Put on a harness, get clipped in and then be pulled by fellow campers to the height of your choice, up to 40 feet high! Then you'll pull the release cord and start an exhilarating giant swing over the gully! This is for girls 75lbs and 5th grade and older and is only offered during the second week of a two week session.

**SEWING: FANNY PACKS** Learn sewing machine skills and express your creativity by completing a camp classic to take home- a fanny pack.

**SINGING** Sign up for this class if you love singing, want some vocal tips and enjoy performing. Don't worry about your voice- all are welcome and encouraged.

**SPORT-A-DAY** Learn about and play a different sport each day. Basketball, volleyball, tennis, soccer, and sprinkler kickball - just to name a few.

**STRENGTH AND BEAUTY** Beauty comes from the inside and this class will be all about confidence, individuality, kindness and independence. Discussions and activities centered around topics such as healthy living (nutrition, exercise, hygiene) and how to foster self confidence.

**SYNCHRONIZED SWIMMING** Split into two different classes (beginner or intermediate/advanced)- you'll learn sculling, breath control and water ballet moves. You will also learn and practice a routine to perform during the Water Show at the end of the session. (This class meets both weeks of 2-week sessions.)

**TENNIS** All levels welcome as you learn, practice, and perfect your tennis skills!

**NEW UKULELE 101** In this class girls will be taught Ukulele basics while having fun. All levels of musicians are welcome! Ukuleles will be provided by RRR for the girls to learn and practice while here.

**YARN GIRLS** Learn the basics of knitting, crocheting or embroidery as well as expand skills you already have. Complete a project at your own pace while you visit with friends and learn skills that will last a lifetime!

**ZIP LINE** Put on a harness, climb the telephone pole, sit on the platform, and zip across the gully! This class is for fearless girls who love excitement. Girls must be going into 7th grade or older.

**UPDATED 9G+** Learn, play and hone your skills in active and fast-paced games - Ga-Ga, 9-Square, murbles, sprout ball and more! All ages and abilities welcome.