



# ROCKY RIVER PACKING LIST

This is a suggested checklist for a one-week camper. Adjustments should be made for a ten-day and two-week camper. Laundry will be done for every camper over the weekend during Sessions 2 and 5, and optional during Session 3. We suggest labeling all items!

## **REQUIRED:**

### **BEDDING**

- Pillow with pillowcase
- Set of twin sheets
- Blanket or comforter

### **CLOTHES**

- Shorts (5 pairs)
- T-shirts (6)
- Hat/cap
- Swimsuits (3-4, old ones are fine)
- Athletic shoes (1 pair)
- Socks (5 pairs), extra if in a horseback or equine class
- Leggings/jeans if in a horseback class
- Pajamas (2-3 pairs)
- Undergarments

### **TOILETRIES**

- Shower towels (3)
- Washcloths (2-3)
- Toothbrush & toothpaste
- Body wash/soap
- Shampoo & conditioner
- Detangler spray
- Hairbrush or comb
- Hair ties (long hair must be pulled back for Challengers, Horseback, and swimming in the pool)
- Shower caddy
- Feminine hygiene products & deodorant(if needed)

### **OTHER**

- Swim towels (3)
- Tote bag (for clothing changes between classes, e.g. swimming to horseback)
- Flashlight (with extra batteries)
- Laundry bag (with camper's name on outside)
- Water bottle - At least 24 oz (with camper's name)
- River shoes (not flipflops or crocs) that stay securely on feet with a back strap or back panel, e.g. old athletic shoes, "water shoes" with back strap, etc.
- Sunscreen

### **OPTIONAL/HIGHLY SUGGESTED:**

- Pre-addressed, stamped envelopes
- Stationary, pens and pencils
- Bug spray
- Costume, musical instrument or props for the Talent Show
- Theme Day outfits
- Favorite stuffed animal/blanket
- Light sweatshirt/jacket
- Eye mask or ear plugs
- Swim goggles
- Disposable or inexpensive digital camera