

# Rocky River Ranch Class Information 2024

## Sessions 1,3,4 & 6

**9am**

Archery  
Baking  
Character & Costume Creation  
Climbing Wall & Rappelling (5th grade +)  
Crafts  
Diving Galore & More!  
Farm Animal Fun  
Horseback Riding  
Painting  
Paper Crafts  
River Sports  
Rocky River Roundup  
Screamer & Crate Stacking (5th grade +)  
Sewing: Aprons  
Sport-A-Day  
Yarn Girls

**10am**

ABC- Actions to Beautify Camp  
Archery  
Baking  
Climbing Wall & Rappelling (5th grade +)  
Crafts  
Dance  
Diving Galore & More!  
Farm Animal Fun  
Horseback Riding  
Miniatures  
Mixed Media Art  
No Bake Recipes  
River Sports  
Screamer & Crate Stacking (5th grade +)  
Sewing: Aprons  
Stretch and Flex  
Tennis

**11am**

9G+  
Archery  
Baking  
Climbing Wall & Rappelling (5th grade +)  
Drama  
Farm Animal Fun  
Horseback Riding  
Jewelry Making  
Miniatures  
Mixed Media Art  
No Bake Recipes  
River Sports  
Screamer & Crate Stacking (5th grade +)  
Sewing: Aprons  
Synchronized Swimming  
Ukulele 101

## Sessions 2 & 5

**9am**

9G+  
Archery  
Baking  
Character & Costume Creation (1st Week)  
Climbing Wall & Rappelling (5th grade +)  
Crafts  
Dance (2nd Week)  
Farm Animal Fun  
Horseback Riding  
Miniatures (2nd week)  
Painting (1st week)  
River Sports  
Rocky River Roundup (1st week)  
Screamer & Crate Stacking (5th grade +)  
Sewing: Aprons  
Sport-A-Day (1st Week)  
Stretch and Flex (2nd Week)  
Videography (2nd Week)  
Water Aerobics  
Yarn Girls

**10am**

9G+  
ABC- Actions to Beautify Camp  
Archery  
Baking  
Character & Costume Creation  
Climbing Wall & Rappelling (5th grade +)  
Crafts  
Diving Galore & More!  
Farm Animal Fun  
Horseback Riding  
Miniatures (2nd week)  
Mixed Media Art  
No Bake Recipes  
Painting (1st week)  
River Sports  
Screamer & Crate Stacking (5th grade +)  
Sewing: Aprons  
Tennis

**11am**

9G+  
ABC- Actions to Beautify Camp  
Baking  
Climbing Wall & Rappelling (5th grade +)  
Drama (2 week class)  
Explorers  
Farm Animal Fun  
Horseback Riding  
Miniatures (2nd week)  
Mixed Media Art  
No Bake Recipes  
Painting (1st week)  
River Sports  
Sewing: Aprons  
Stagecraft (2 week class, 5th grade +)  
Synchronized Swimming (2 week Class)  
Ukulele 101

**5pm (Second Week)**

Anything Goes  
Baking  
Improv-O-Rama  
Jewelry Making

Party Time  
Pool Games  
River Fun  
Sprinkler Sports and Ninja Course  
Throwback Crafts

# Class Descriptions

**9G+** Learn, play, and hone your skills in active and fast-paced games: Ga-Ga, 9-Square, sprout ball and more! All ages and abilities welcome.

## **ABC- ACTIONS TO BEAUTIFY CAMP**

Want to learn how to build stuff using tools? Want to work with others to make camp look better? Choose this class if you want to leave your mark on camp! Use community building and creativity skills to finish projects that will help the future of RRR in this service oriented class.

## **ARCHERY**

Bows and arrows aimed at the targets down range! In this class girls will learn archery basics and improve upon existing skills. They will play fun games each day and get lots of practice for the tournament at the end of the week.

**BAKING** Girls will learn baking techniques and tips as they get their hands messy baking lots of tasty treats.

## **CHARACTER & COSTUME CREATION**

In this class campers will unleash their imagination by designing a character, work to create a one-of-a-kind costume out of a variety of materials and techniques, and have fun with the process. Warriors, princesses, super heroes, animals or a mixture of all the above - the sky is the limit!

## **CLIMBING WALL & RAPPELLING**

Challenge yourself climbing up and rappelling down in this duo class. Alternate between the climbing wall and the natural rappelling cliff to hone your skills on belay! Try different routes on the wall and learn scaling and bounding on the cliff for an extra challenge. This class is for girls in 5th grade or older.

**CRAFTS** This class is for makers who want to unleash their creativity on several hands-on projects during the week.

**DANCE** Learn steps for different types of dance (such as ballet, ballroom, jazz, hip hop, etc.) and practice for an end-of-session performance.

**DIVING GALORE & MORE** Jump, dive and splash! Learn different dives, tricks, and games in this fun pool class. This class is for girls who want more time in the pool!

**DRAMA** Learn dramatic techniques as you rehearse for the end-of-session performance. The drama staff chooses a script and the girls try out for different roles at the beginning of the week. Open to all skill levels with lots of opportunity to learn. (This class meets both weeks of the 2-week sessions.)

## **EXPLORERS**

This class is for the girls who love adventure! Each day will be a new experience as we explore ourselves, our campsite, and our town. Expect an end of the week out of camp field trip to a local favorite spot and lots of fun!

**FARM ANIMAL FUN** Pet and care for our goats, horses, rabbits and our crazy chickens. We will learn a bit about farm animal care and have fun with some adorable animals.

## **HORSEBACK RIDING**

These classes will focus on learning about horses from the ground up. Our focus is on western equitation, safe seat, voice cues, and gentle reigning through lessons and games. Our ground lessons focus on safe handling and bonding through learning about grooming, body, saddles, and training techniques. All riders will work on activities based around their skill level. Our riding lessons are built around teaching and improving riders' core skill set, so that they can be successful in any equestrian discipline they choose to pursue. Additional fee of \$35 applies. During registration you will show your interest in this class and we will contact you with next steps.

## **JEWELRY MAKING**

Join this creative class to make all kinds of jewelry! You will have lots of fun as you create keepsakes for yourself and friends.

**MINIATURES** Learn how to create teeny-tiny objects for a tiny room that you'll love to take home and display.

## **MIXED MEDIA ART**

In this class you will be using a range of materials to create art. Paint with watercolors, cut out magazines, use markers, make a stamp and so much more. This class is for the creative minds who like to think outside the box.

## **NO BAKE RECIPES**

This class will meet in the Grubstake and campers will have fun creating (and eating) simple recipes. We will use blenders, microwaves and other small appliances instead of ovens. Satisfaction guaranteed!

**PAINTING** Create your own masterpiece! Learn about painting techniques, composition and art history as you express yourself in this class.

### **PAPER CRAFTS**

Unlock your creativity making your own paper. Use your creation and other paper goods to make origami, finger quilling, cards, prints and more.

**RIVER SPORTS** We've combined all of the river favorites into one class! Enjoy the Blanco River as you try things like kayaking, paddle boarding, log rolling, fishing, and venturing up or down river.

### **ROCKY RIVER ROUNDUP**

Become a camp reporter, cartoonist, and writer. Work together to build a newspaper about your time at camp and report on the goings on of the RRR campers, staff and activities in your session.

### **SCREAMER & CRATE STACKING**

Put on a harness, get clipped in, and be pulled up to swing from up to 40 feet on our giant swing, the Screamer! The next day try different strategies to stack plastic crates and climb on them as high as you can. Teamwork makes these elements possible as campers pull each other up the Screamer and support the crate stacker as a team. Girls must be rising 5th grade or older.

### **SEWING: APRONS**

Learn sewing machine basics and practice your skills by making an apron. All levels welcome. We will send an email closer to the summer with a supply list to bring to camp.

**SPORT-A-DAY** Learn about and play a different sport each day. Basketball, volleyball, tennis, soccer, and sprinkler kickball - just to name a few.

### **STAGECRAFT**

The behind the scenes work that makes the Drama Show a success! Plan, organize and design the costumes and props for the closing day performance. Girls must be rising 5th grade or older. (This class meets both weeks of the 2-week sessions.)

### **STRETCH AND FLEX**

This class will use yoga and affirmation techniques to help campers reflect and grow. Learn basic yoga positions and postures, breathing techniques, and ways to improve balance. We will focus on bettering ourselves from the inside out!

### **SYNCHRONIZED SWIMMING**

You'll learn sculling, breath control and water ballet moves. You will also learn and practice a routine to perform during the end of session performance. (This class meets both weeks of the 2-week sessions.)

**TENNIS** All levels welcome as you learn, practice, and perfect your tennis skills!

**UKULELE 101** In this class girls will be taught Ukulele basics while having fun. All levels of musicians are welcome! Ukuleles will be provided by RRR for the girls to learn and practice while here.

**VIDEOGRAPHY** Be behind the camera, in front of the camera, or both as the class shoots and edits videos for a Digital Rocky River Round Up! Girls will use iPads to create their very own news segment to send out to the parents at the end of the session.

**WATER AEROBICS** This is for girls who love the pool and fitness. Spend time doing aerobic exercises in the pool.

**YARN GIRLS** Learn the basics of knitting, crocheting or embroidery as well as expand skills you already have. Complete a project at your own pace while you visit with friends and learn skills that will last a lifetime!



## 5:00 CABIN ACTIVITIES FOR ALL SESSIONS

Morning classes will be individualized and 5:00 activities will be done with cabin groups for sessions 1,3,4 and 6 AND the first week of sessions 2 and 5. These activities will be assigned on rotation during the camp session.

**LAWN GAMES AND PING PONG** Girls will have fun playing games like bocce ball, ladder golf, mini bowling and more while having some relaxing bonding time with their cabin, they might even play a huge game of ultimate ping pong!

### SOAP MAKING

In this class each girl will use molds to create their own soap. They can choose to add natural materials such as oats or coffee grounds as exfoliants and choose between different essential oils to add fragrances.

### TIE DYE

We are bringing back this camp classic and camper favorite! Each camper needs to bring a white cotton shirt from home or they can buy a white Rocky River shirt from the camp store for \$7.00.

### GROUP GAMES

Cabin bonding at it's best! Counselors will lead the cabin in age specific and fun filled games. Guaranteed laughs and silliness while getting to know each other better. This class will be in the 49er.

**NAME TAG PAINTING AND FRIENDSHIP BRACELET MAKING** Everyone loves these two camp classics! Get creative and learn some new skills as you create unique accessories.

### BRICK MASTERS

Cabin groups will work together to build creations out of Legos. Who can build the highest tower, the strongest structure, or the most realistic creature? There will be camp wide competitions and time to relax and use your imagination.

## 5:00 CLASSES FOR SECOND WEEK OF SESSIONS 2 AND 5

In Sessions 2 and 5 only, girls will choose from these classes for the second week. Plan ahead as these classes will be chosen during the registration process.

**ANYTHING GOES** Together the class chooses from a list of activities. Vote on fun things to do such as crafts, games, snack making, etc. Anything goes!

**BAKING** Girls will learn baking techniques and tips as they get their hands messy baking lots of tasty treats!

**IMPROV-O-RAMA** In this theater skills class, girls will enjoy trying out improv acting and games while having fun on stage learning accents and skits.

**JEWELRY MAKING** Join this creative class to make all kinds of jewelry! You will have lots of fun as you create keepsakes for yourself and friends.

**PARTY TIME** For the creative camper who wants to spend the week choosing a theme, making invitations and decorations, and plan the party of the summer! Campers in this class will be the hostesses for the party at the end of the week.

**POOL GAMES** For the camper who loves the water! Structured games daily, diving, volleyball & more.

**RIVER FUN** If you aren't ready to leave the river after free swim - this is the class for you! Enjoy some structured games, rock skipping and minnow catching as well as some unstructured free play. Sign up for this class if you can't get enough of the beautiful Blanco River!

**SPRINKLER SPORTS AND NINJA COURSE** Stay cool by playing kickball, volleyball, and more in the sprinklers! Want even more fun? Try out our very own ninja course with slack lines and balance obstacles in the sprinkler!

**THROWBACK CRAFTS** Have a blast making crafts from the past! In this class, you will channel your inner 80s, 90s, and 2000s side by making slap bracelets, bead buddies, boondoggle keychains and more!