



ROCKY RIVER RANCH

Inspiring independent girls since 1953
ROCKYRIVERRANCH.COM

Class Information 2018

9am

Archery
 Baking
 Challengers¹
 Dance
 Doll Making
 Fishing
 Ga-Ga Ball/9-Square
 Horseback: Barn Girls
 Painting
 River Sports
 Rocky River Reporters
 Sewing: Accessories
 Sport-A-Day
 Stagecraft²
 Synchro Swimming⁴ INT/ADV
 Yarn Girls

10am

Archery
 Baking
 Challengers¹
 Crafts
 Dance
 Doll Making
 Fishing
 Ga-Ga Ball/9-Square
 Horseback: Barn Girls
 Painting
 River Sports
 Sewing: Accessories
 Strength & BeYOUty
 Synchro Swimming⁴ BEG
 Tennis
 Yarn Girls

11am

Anything Goes
 Archery
 Baking
 Challengers¹
 Drama⁴
 Drawing
 Farm Girls
 Fishing
 Horseback: Advanced Riding
 Horseback: Barn Girls
 Miniatures
 Pool Sports
 River Sports
 Storybook
 Sewing: PJ Shorts
 Yoga

5pm

Anything Goes
 Crafts
 Discovery Girls
 Farm Girls
 Ga-Ga Ball/9-Square
 Improv-a-Rama
 Miniatures
 Pool Games
 River Fun
 Screamer¹
 Singing
 Strength & BeYOUty
 Zip Line³

Things to consider when choosing classes...

- ¹ Must weigh at least 75lbs and be going into 5th grade or older. Second week of Sessions 2 and 5, Challengers will be replaced by Climbing Wall class and Screamer class.
- ² Only offered for 2-week sessions: 2, 5. Girls must be going into 5th grade or older.
- ³ Must weigh at least 75lbs and be going into 7th grade or older.
- ⁴ Meets both weeks during 2-week sessions.

SEE FOLLOWING PAGES FOR CLASS DESCRIPTIONS

Class Descriptions

ANYTHING GOES Together the class chooses from a list of activities. One day a craft, next day a game; make ice cream or go for a hike; water balloon fights or four square — anything goes!

ARCHERY Bow and arrows aimed at the range targets. Learn everything from the basics of archery to how to improve your skills. Practice each day for the tournament at the end of the week!

NEW! **BAKING** This summer our Cook Nook will produce lots of yummy baked goods! Girls will learn techniques and tips as they get their hands messy baking tasty treats.

CHALLENGERS Love a challenge? This class rotates through Climbing Wall, Rappelling, and The Screamer swing experience — each day a new challenge! (Must weigh at least 75 lbs and be going into 5th grade or older.)

CRAFTS This class is for crafty girls who love hands-on projects. You'll get to unleash your creativity on several projects during the week.

DANCE Learning steps for different types of dance (ballet, ballroom, jazz, hip hop, etc.) and practice for an end-of-session performance.

DISCOVERY GIRLS You'll discover the world around you via fun experiments and hands-on activities in this science-based class!

DOLL MAKING Create your own unique Rocky River doll as you learn the traditional art of doll making. Includes stuffing, sewing, and soft sculpture techniques. Great for all ages!

DRAMA & TECH THEATRE Learn dramatic techniques as you rehearse for the end-of-session performance. The drama staff chooses a script and the girls try out at the beginning of the week. Open to all skill levels with lots of opportunity to learn. This year we're adding tech roles such as stage manager, set design and costume design in an effort to give more behind the scenes learning opportunities.

DRAWING All levels welcome — beginner to advanced artists will enjoy this class! With a sketch pad and pencils, you'll have an opportunity to learn new techniques and time to free sketch.

NEW! **FARM GIRLS** Learn fun facts about agricultural science and enjoy time with adorable farm animals. Aiming to add rabbits, goats, mini donkeys and more to the ranch in 2018.

FISHING Learn how to bait a hook, catch fish, and enjoy the beautiful Blanco River. Wear a bathing suit and river shoes — you might get wet!

GA-GA BALL/9-SQUARE Learn, play, and hone your skills in active and fast-paced games — Ga-Ga and 9-Square. All ages and abilities welcome!

HORSEBACK: BARN GIRLS Equine enthusiasts of all ages and levels welcome! Classes are divided between riding and grounds activities. If you want some great riding tips, to experience a trail ride and have a great time loving on some sweet horses ... this class is for you! See *Horseback Overview pdf for more info.*

HORSEBACK: ADVANCED RIDING Sessions: 2, 3, 5 This class runs the length of the session and is only offered during sessions 2, 3 and 5. Designed for girls who have experience riding. This group lesson will focus on

advanced exercises and games. There will be a riding test on the first day to determine if a camper has the needed skills. See *Horseback Overview pdf for more info.*

IMPROV-A-RAMA In this theater-skills class, girls will enjoy the basics of improv acting and games as well as getting to have fun on stage, learning accents and skits.

MINIATURES Learn how to create teeny-tiny objects for a tiny room you'll love to take home and display!

PAINTING Create your own masterpieces! Learn about painting techniques, composition, and art history as you express yourself in this class. Your painting will be part of the gallery displayed on closing day.

POOL GAMES For the camper who loves the water! Structured games each day, diving, volleyball, and much more!

POOL SPORTS Cool off in the pool while trying new sports — water aerobics to basketball, water polo to volleyball. This active class will be lots of fun in the sun!

NEW! RIVER FUN For girls who can't get enough of the beautiful Blanco River. Explore it in a different way each day — from snorkeling and rock-hunting to venturing up and down river!

RIVER SPORTS We've combined three river favorites in one new class; enjoy the Blanco River as you learn how to kayak, cruise on a stand-up paddleboard, and balance on a floating log! This class cools off in the water and takes an end-of-session river trip!

ROCKY RIVER REPORTERS Get behind and in front of the camera as the class takes video in small groups around camp. Produce a week-in-review video of your camp session, as well as news stories that can be sent out in the camp newsletter. You'll learn how to edit your own video using iPads and iMovie.

SCREAMER Put on a harness, get clipped in and then be pulled by fellow campers to the height of your choice, up to 40 feet high! Then you'll pull the release cord and start an exhilarating giant swing over the gully!

NEW! SEWING: ACCESSORIES Learn sewing machine skills and express your creativity by completing multiple projects throughout the week. Take home fun accessories just as headbands, hair scrunchies and/or small bag or coin purse.

SEWING: PJ SHORTS Learn how to create your own clothes! Come away with a finished pair of pajama shorts, (a sleeping mask, if time allows) and skills that will last a lifetime.

SINGING Sign up for this class if you want to sing your Rocky River favorites and learn some "golden oldies". Don't worry about your voice — all are welcome and encouraged!

SPORT-A-DAY Learn about and play a different sport each day. Basketball, volleyball, tennis, soccer, ultimate football, and sprinkler kickball — just to name a few.

STORYBOOK Let your creativity run wild as you come up with an idea for your own storybook and make it a reality! Write and illustrate a book all your own as you learn what it's like to be an author.

NEW! STRENGTH AND BEYOUTY Beauty comes from the inside and this class will be all about confidence, individuality, kindness and independence. Discussions and activities centered around topics such as healthy living (nutrition, exercise, hygiene) and how to foster self confidence.

SYNCHRONIZED SWIMMING Split into two different classes (beginner or intermediate/advanced) — you'll learn sculling, breath control, and water ballet moves. You will also learn and practice a routine to perform during the Water Show at the end of the session. (This class meets both weeks of 2-week sessions.)

TENNIS All levels welcome as you learn, practice, and perfect your tennis skills!

NEW! YARN GIRLS Learn the basics of knitting, crocheting or embroidery as well as expend skills you already have. Complete a project at your own pace while you visit with friends and learn skills that will last a lifetime!

YOGA Learn basic yoga positions and postures, breathing techniques, and ways to improve balance. The class will focus on positive energy and participate in guided meditations and various relaxation exercises.

ZIP LINE Put on a harness, climb the telephone pole, sit on the platform, and zip across the gully! This class is for the fearless girls who love excitement. Girls must be going into 7th grade — or older.

