

Class Information 2012

Daily Schedule:

<u>9:00</u>	<u>10:00</u>	<u>11:00</u>	<u>5:00</u>
Anything Goes	Anything Goes	Anything Goes	Anything Goes
Archery	Archery	Archery	Cooking
Climbing Wall	Cooking	Cooking	Doll Making
Cooking	Climbing Wall	Climbing Wall	Fishing
Fishing	Fishing	Doll Making	Fitness
Horseback Block- Level 1*	Horseback Block-	Drama*	Gardening
Horseback Block- Level 3*	All Levels (1,2,3,4)*	Horseback Block- Level 2*	Journaling
Horseback Hour (6-7 yr olds)	Kayaking	Horseback Block- Level 4*	Kayaking
Kayaking	Knitting	Intro to Guitar	Pool Games
Newspaper	Painting	Kayaking	Purse Making (11-14 yr olds)
Painting	Pool Games	Knitting	Singing
Purse Making (11-14 yr olds)	Purse Making (7-10 yr olds)	Purse Making (7-10 yr olds)	SIT Class*
Rappelling	Tennis	Rappelling	Zip Line
Sport-A-Day	RRR Girls	RRR Girls	
*Stagecraft	Rappelling	Synchronized Swimming-	
Synchronized Swimming-		Beginner	
Intermediate/Advanced		Videography	

Things to consider when choosing classes:

- Classes marked with an asterisk (*) meet for both week and during a two-week session.
- Campers must be going into 7th grade or older to take the Climbing Wall Class and the Zip Line Class.
- Campers must weigh at least 70 lbs and be going into 5th grade or older to take Rappelling Class.
- Stagecraft is only offered during Sessions 2 and 5 and girls must be going into 7th grade or older.
- Only SIT 1's may take the SIT class. This class is mandatory for all SIT 1's.
- There is a \$50 per week fee for Horseback Riding. All Horseback classes meet for 2 hours per day.

Brief Description of Classes:

Anything Goes: Do something different each day! One day a craft, the next day a game. Make ice cream or go for a hike. Water balloon fights or four square – anything goes! Together the class will choose from a list of pre-planned activities.

Archery: Bow and arrow aimed at the targets down range. Learn everything from the basics of archery to how to improve your skills. Practice each day for the tournament at the end of the week!

Climbing Wall: Put on a harness and put away your fear of heights! Climb our 40-foot wall, play games and learn different knots. (Girls must be going into the 7th grade or older.)

Cooking: Spend time learning about different types of cooking, planning a meal, and understanding recipes, hands on cooking and also enjoying your tasty treats!

Doll Making: Create your own unique Rocky River Doll as you learn the traditional art of doll making. This class includes stuffing, sewing, and soft sculpture techniques. Great for all ages!

Drama: This class puts on a performance at the end of the session. Learn dramatic techniques as you rehearse for the final performance. The drama staff chooses a script with many parts and the girls try out at the beginning of the week. There is something for all skill levels and lots of opportunity to learn. During a 2-week session, this class meets for both weeks.

Fishing: Learn how to bait your own hook, catch fish and enjoy the beautiful Blanco River. Wear your bathing suit and river shoes because you might get wet!

Fitness: Explore what it means to live a healthy lifestyle and spend time doing exercises. Lots of formats including kickboxing, pilates, yoga, jogging, and aerobics.

Gardening: New class this year! Learn the basics of gardening – planting, garden care, manage existing summer garden and help plant for the future. Worm farm and composting too!

Horseback Riding: SEE HORSEBACK PROGRAM OVERVIEW

Intro to Guitar: New class this year! This class is designed for girls that want to learn guitar basics. We will provide a beginner guitar or you may bring your own. Girls with experience that would like to have an hour to play on their own are welcomed as well!

Journaling: Spend time making your own journal, learning journaling techniques, and quiet time reflecting on your day. The counselor will guide you if you are new to journaling, or give you your own space if you already have some practice.

Kayaking: Enjoy the Blanco River as you learn how to maneuver a kayak. This class takes trip down the river at the end of the week and sometimes cools off in the water!

Knitting: Learn the basics of knitting, expand on skills you already have and complete a project at your own pace. Enjoy visiting with friends as you learn skills that will last a lifetime.

Newspaper: Write articles, conduct interviews, and express yourself in poetry or short stories. This class puts together the camp newspaper, the "Rocky River Roundup" that is distributed to the whole camp at the end of the session.

Painting: Create your own masterpiece! Learn about painting techniques, composition and art history as you express yourself in this class. Your painting will be part of the gallery displayed on closing day.

Pool Games: This class is for the camper who loves the water! Structured games each day, diving, volleyball, and much more!

Purse Making: You will be learning basic sewing techniques (machine and hand stitching) as you create a one of a kind purse. New purse style each year!

Rappelling: Put on a harness and walk backwards down a cliff. If that sounds like fun, then rappelling is the class for you! Learn how to tie knots, play games and gain confidence and have fun while pushing your limits. (Girls must weigh at least 70 pounds and be going into 5th grade or older)

RRR Girls: New class this year! What makes a RRR girl? Sign up for this class and you will find out. A little adventure, lady-like manners, healthy living, some outdoor lessons and lots of fun!

SIT 1 Class: All campers who are in the SIT 1 program will meet during this hour. Activities and planning sessions designed specifically for group building and leadership development.

Singing: Sign up for this class if you want to sing your Rocky River favorites and learn some "golden oldies". Don't worry about your voice - all are welcome and encouraged! You will also learn and practice a song to perform on closing day as part of the drama show.

Sport-A-Day: Learn about and play a different sport each day. Basketball, volleyball, tennis, soccer, ultimate football and Frisbee golf - just to name a few.

Stagecraft: The behind the scenes work that makes the Drama Show a success! Plan, organize and design the costumes and props for the closing day performance. This class is only available during 2 week sessions and meets for both weeks. (Girls must be going into 7th grade and older)

Synchronized Swimming: Split into two different classes (beginner or intermediate/advanced) campers will learn sculling, breath control and water ballet moves. Girls will also learn and practice a routine to perform during the Water Show at the end of the session. (This class meets both weeks of a 2-week session)

Tennis: All levels welcome as you learn, practice and perfect your tennis skills!

Videography: Be behind the camera, in front of the camera or both as the class takes video around camp. The class will also learn how to transfer to the computer, edit and produce their own RRR video.

Zip Line: Put on a harness, climb the telephone pole, sit on the platform and zip across the gully! This class is for the fearless girls who love excitement. Girls must be going into 7th grade or older.